Śrī Śatrunjaya Muktī Samyag Jñāna Abhyāsakrama



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Samyag Jñāna Praveśikā Study Book 4



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Sūtra – Meaning – Ārcanum (Insight)

Īriyāvahī (Īryāpathikī) Sūtra

$\overline{\mathbf{T}}$ 1 $\mathbf{-1}$	
Īcchākārèṇa saṅdisaha bhagavan!	
Īriyāvahiyam paḍikkamāmi? Īccham.	
Īcchāmi paḍikkamiuṁ	1
Īriyāvahiyā virāhaņā e	2
Gamaņāgamaņè	3
Pāṇa-kkamaṇe, biya-kkamaṇe, hariya-kkamaṇe,	
Osāuttinga, paņaga-daga matti-makkadā	
Santāņā-sankamaņè	4
Jè mè jīvā virāhiyā	5
Ègèndiyā, bèindiyā, tèindiyā, caurindiyā, pancindiyā	6
Abhihayā, vattiyā, lèsiyā, saṅghāiyā,	
Sanghattiyā, pariyāviyā, kilāmiyā, udviyā,	
Ţhāņāo thāņam sankāmiyā, jīviyāo,	
Vavaroviyā tassa micchāmi dukkadam	7

Word-Meaning

Īcchākārèņa: voluntarily	Jīvā: living-forms
Sandisaha: give command/order	Virāhiyā: might have been pained/hurt
Bhagavan: Oh Lord! Oh worshipful/	Ègèndiyā : one sense Jīvā
reverend	Beindiyā: two sensed Jīvā
Īriyāvahiyam: act of coming and going	Tèindiyā : three sensed Jīvā
Padikkamāmi: I am returning back	Caurindiyā: four sensed Jīvā
Īccham: like this	Pańcińdiyā: five sensed Jīvā
Īcchāmi : I desire to	Abhihayā : got beaten with legs
Padikkamium: free myself from retaliation	Vattiyā: got covered with dust
Īriyāvahiyāè: things done while moving	Lèsiyā: got rubbed on ground
Virāhaņāè: from hurting the living beings	Sanghāiyā : intermingled one another's
Gamaņāgamaņè: while coming and going	body
Pāņa-kkamaņè : crush life forms – crushed	Sanghattiya : made them touch a little
Jīva	Pariyāviyā : made them suffer
Biya-kkamanè : crushed live animate seeds	Kilāmiyā : made them regret
Hariya-kkamanè : crushed live green	Udviyā: harass them, make them fearful
plants	Țhāņāo-Țhāņam: from one place to
Osā: the dew	another
Uttinga: the ant-hills	Sankāmiyā: may have been kept or shifted
Paņaga: moss of five colors	Jīviyāo: from life-forms or from livingness
Daga – mațți : sticky mixture of earth water	Vavaroviyā : may have separated - killed
= mud	them
Makkaḍā - Saṅtāṇā : web of the spider	Tassa: there-of

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Sankamanè – crushing with feet	Micchāmi: let this fail / thwart my
Jè mè : whichever by me	Dukkadam: sin

Meaning: Oh God! You please voluntarily give me command to return from my sins that have been caused due to my activities during movement on the ground. (Here guru says "padikkammèha"- you retreat from your sin. Then disciple says); This is according to your commandment. I wish to retreat from sin – want to free myself...1

Harm done on the walking (passage) way...2. While moving (coming and going)...3. Crushing life forms, crushing animate seeds, crushing live green vegetables, dew and ant-hills, mosses of five colors, sticky mixture of raw water + earth (together means mud) and crushing the spider while walking on their webs...4. Whichever life forms by me may have been pained/hurt...5. One sensed life-forms earth, water, fire, air and vegetation etc.; two sensed life- forms like shell, kaurī (a marine mollusk popular with collectors), leech, earthworms etc.; three sensed life-forms like ants, black ant-emmet, caterpillar, bedbug, etc.; four sensed life-forms like fly, bees, tick-gnat, mosquito, scorpion etc. five sensed life-forms like dèva, human-beings, tiryańca and nārakī-devilish being etc....6; were beaten by legs, were covered by dust, were rubbed on the ground, intermingled their bodies together, made them touch each other, made them suffer, made them regretful, harassed/tortured them, shifted or kept from one place to another, may have separated from life-killed them; this my sinful behavior/act get thwarted – must fail.

With this sūtra, we retreat (pratikramaņa) from the harm-damage-violence-sin (virādhanā) done by us to the 'jīva' (life-forms) during walking/moving. So this sūtra is recited/used on the occasion of samāyika, pratikramaņa, caityavandana, and reciting the vrata etc. "Cruelty to even the minutest life-form is sin and understanding this we must regret" is the dominant/principal, tone/essence of this sūtra. 'Micchā Mi Dukkaḍam'- this three words are believed to be the seed of pratikramaṇa.

Micchā Mi dukkaḍaṁ is granted by 1824120 types-differentiations (bhāṅgā) in the Īriyāvahī. This are as follows: The types of life-forms (jīva) are 563; this is multiplied by ten verses, from the verse **'Abhihayā** to **jīviyāo Vavaroviyā'** types, further multiplied twice by 'attachment' and 'hatred (malevolence)', that multiplied thrice by 'action (performance)'-to make one do action-giving approval to action', multiplied thrice by mind-speech and body (3-yoga), and again multiplied by three time-periods viz. past-present-future time. Then multiplied 6 times by Arihanta, Siddha, Sādhu, Dèva, Guru and Soul (ātmā) who are the six witnesses; this way the above referred types (bhāṅgā) are obtained. (563x10x2x3x3x3x6 = 1824120).

Tassa uttarīkaraņa sūtra Tassa uttarī karaņèņam pāyacchitta karaņèņam visohī karaņèņam visallī karaņèņam pāvāņam kammāņam nigghāyaņaţhāè ţhāmi kāussaggam

Tassa: it's	Pāvāņam: (pāpa) sins
Uttarī: purification again	Kammānam: actions (karma)
Karanenam: for doing	Nigghāyaņathāe: for destroying

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Pāyacchitta: expiation/atonement (excising sins)	Țhāmi: I stay /I do
Visohī: purification-special purification	Kāussaggam: kāyotsarga
Visallī: devoid of/without wrong sentiments	absolving body and its functions

Meaning: To again purify the sin (related to that acquired in the above sūtra), to remove (expiate) guilt and sins, to purify the soul more, to make it devoid of wrong sentiments, to destroy sins, I am doing kāyotsarga i.e. renunciation of the body and its functions. With Īriyāvahī pratikramaņa only ordinary (common, general) purification occurs. From Kāussagga special purification occurs. Therefore, for special purification, reciting this sūtra one decides to do Kāussagga.

Annattha (Kāyotsarga) Sūtra

Annattha ūsasièṇaṁ, nisasièṇaṁ, khāsièṇaṁ	
Chièṇaṁ, jambhaīèṇaṁ, uḍḍaèṇaṁ,	
Vāya-nisaggèṇaṁ, bhamaliyè, pitta-mucchāè	1.
Suhumèhim anga sancālèhim, suhumèhim khèla sancālèhim	
Suhumèhim diṭṭhi saṅcālèhim,	2.
Èvaṁāīèhiṁ āgārèhiṁ, abhaggo avirāhio	
Hujjamè kāussaggo	3.
Jāva arihantānam bhagavantānam namukkārenam, na pāremi,	4.
Tāva kāyam thāņèņam, moņèņam zāņèņam,	
Appāņam vosirāmi	5.

Word-Meaning

Annattha: with exceptions at other times/places	avirāhio: not violated / not interrupted hujja: remain / let be
ūsasienam: breathing in deeply	mè: my
nisasiènam: breathing out deeply	kāussaggo: kāyotsarga (body's motionless
khāsièņam: due to coughing	posture)
Chiènam: due to sneezing	Jāva: as long as
Jambhaīèṇam: due to yawning	Arihantānam: Arihanta
uddaenam: due to eructation/belching	bhagavantānam: oh lord!
Vāya-nisaggèņam: due to flatulence	namukkārèṇam: with folded hands
Bhamaliyè: due to giddiness or dizziness	na pārèmi: until I complete (pāravum)
pitta-mucchāè: due to acidity, and fainting	Tāva: till then
Suhumèhim: due to subtle	kāyam: this body
anga sancālehim: body movements	thāņèṇaṁ: with place
khèla sancālèhim: swallowing spit or saliva	monènam: with silence
dițțhi sancālèhim: eye-movements	zāņèņam: with meditation
Èvamāīèhim: all these and other	Appāṇam: my body/corpus and its activities
āgārèhim: āgārothī (disruptions - vikṣepa) abhaggo: unbroken	vosirāmi: I desert / abandon / abnegate

Meaning: At times because of some other exceptions described later, breathing in deeply, and breathing out deeply, due to coughing-sneezing-yawning-belching-flatulence-dizziness-giddiness, fainting due to acidity. 1

...occurring of subtle body movements, formation of subtle spit-saliva in the body, subtle rotation of eyes. 2

...etc. āgārā (disruptions - vikṣepa) my Kāussagga (kāyotsarga) should not break or get violated; with this understanding kāyotsarga is observed.

(...etc. means four other types of āgārā adopted traditionally are: 1.Spreading fire comes and touches 2. Body is pierced or pancendriya jīva is killed in front of eyes 3. Obstacles created by thief or the ruling king 4. Occurrence of snake bites.....Due to these four reasons if one has to change the place, even then, Kāyotsarga is not considered broken/interrupted. 3

Until then I bow down to Arihanta with folded hands, meaning, I complete it (pārèmi) with the verse "namo arihantāṇam"...4

Till then my body, standing still-stable-motionless, adopting silence, mind steadied in meditation, I, desert-abandon-abnegate all the love-attachment-affection to my body completely...5

In the Annattha Sūtra the āgārā of kāyotsarga and also time, form (pattern) and vowpledge-assertion are described. From 'Annattha' to Hujja mè Kāussaggo" are the āgārā, from 'Jāva Arihantāņam to na pārèmi Tāva' is the time, from 'kāyam' to 'zāņèņam' is the form and in the verse 'appāṇam' vosirāmi' is the pledge-vow. With this Sūtra Kāussagga is done along with the āgārā precisely.

Nineteen faults (dosa, stains/taints) related to Kāussagga:

1. Keeps one leg up, or bent like a horse is **gotaka dosa.** 2. Shakes/agitates the body, like the movement of the creeper/climber due to blowing of wind is latā doşa. 3. Supports body with bumps on the pillar is **stambha dosa** 4. Stands with the head touching the ceiling or shelf above is called **māla dosa** 5. Stands joining the toe and the forefoot like the cart 'yoke' (undha)' is **udhi dosa** 6. Keeps feet/legs widely apart like the ones when put in a 'nigada' (chained-bèdī) is nigada doşa 7. Keeps hand on the concealed-ulterior parts like a nude female Ādivāsī (Bhiladī) is **śabaro doşa** 8. Keeps the hands holding the rajoharaņa like the horse-frame (cokadum) is khalina dosa. 9. Keeps head down like a newlywed bride is vadhu doşa. 10. Keeps a long cloth from above the navel to below the knee is lambodara **dosa** 11. Due to fear of sting, warts, due to ignorance or covness/shyness covers the chest like a woman is stana dosa. 12. Due to fear of cold covers both shoulders, thus covering the whole body like a sādhvī is samyati doşa. 13. For counting words or numbers of Kāussagga does gestures with fingers and evelids is **bhamuhangulī dosa.** 14. Moves eyeballs like a crow is vāyasa doşa. 15. Due to fear of dirtying the worn clothes with sweat etc. keeps those hiding is kapittha dosa. 16. Shakes head like an excited/impatient vaksa is **śirah(:) kampa dosa.** 17. Voices hum hum like a mute/dumb is **mukha dosa**. 18. While counting words jabbers/ stutters like an intoxicated alcoholic is **madirā dosa.** 19. Looks around like a monkey is prèksya dosa.

Logassa Sūtra

Caturvińśati - Jina - Nāmastavah (:)

Word-Meaning

Logassa: to world	
Ujjoagarè: give light	1
Dhamma: religious (dharmarūpī)	j
other kèvalajñānī	Ì
titthayare: founders of the tirtha	
jinè: to the jina (conquerors)	
Arihante: to the Arihanta]
Kittaīssam: will do kirtana-stuti, worship	1
Cauvīsam pi kevalī: to twenty four and	I
Usabham: to Rsabhadèva	
Ajiam: to Ajitanātha	I
ca: and	l
vande: I bow down	
Sambhavam: to Sambhavanātha]
Abhinandanam: to Abinandanasvāmī]
Sumaīm: to Sumatinātha	1
Pahumappaham: to Padmaprabhu	
Supāsam: to Supārśvanātha	Ì
jinam: to Jina (the Conqueror)	I
Candappaham: to Candraprabhu	1
vande: I bow down	
Suvihim: to Suvidhinātha	•
Pupphadantam: to Puspadanta	I
Siyala: to Śītalanātha	I
Sijjańsa: to Śréyāńsanātha	j
Vāsupujjam: to Vāsupujyasvāmī	(

. .

Vimalam: to Vimalanātha Anantam: to Anantanātha jinam: to jina (conquerors) Dhammam: to Dharmanātha **Santim:** to Śāntinātha Vandāmi: I bow down Kunthum: to Kunthunātha Aram: to Aranātha Mallim: to Mallinatha vande: I bow down Munisuvvyam: to Munisuvratasvāmī Namijinam: to Naminātha vandāmi: I bow down Ritthanèmim: to Aristanèmi - Nèmanātha **Pāsam:** to Supārśvanātha taha: and Vaddhamānam: to Vardhamānasvāmī èvam: in this way mae: by me abhithuā: (with name) I adorned, venerated, praised vihuva: eliminate ravamala: filth and karma-dust pahīna: waned jaramaranā: old age and death **cauvīsampi:** the twenty four also

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Meaning: Those who light-up the three worlds, establish religious tīrtha places, and conqueror of enemies like attachment-hatred (karmas) viz. Jina, Arihanta and other kėvalajñānī also, I will praise (venerate)...1

1. Rṣabhadèva and 2. Ajitanātha, I bow down. 3. Sambhavanātha 4. Abiṇandaṇasvāmī 5. Sumatinātha 6. Padmaprabhu 7. Supārśvanātha and conqueror of attachment + hatred 8. Candraprabhu, I bow down...2

9. Suvidhinātha (his other name) Puṣpadanta 10. Śītalanātha 11.Śrèyānsanātha and 12. Vāsupujyasvāmī 13. Vimalanātha 14. Anantanātha & winner over attachment + hatred 15. Dharmanātha 16. Śāntinātha I bow to...3

17. Kunthunātha 18. Aranātha 19. Mallinātha 20. Munisuvratasvāmī and 21 Naminātha I bow down. 22. Ariṣṭanèmi - Nèmanātha 23. Pārśvanātha and 24. Vardhamānasvāmī - Mahāvīrasvāmī I bow to ...4

Praised with recital of their name, bowed and worshiped, who have been proved best of all in this world, those please give me health, benefit of samyag darśana-bodhi bīja (seed of right faith) and best transe-contemplation (samādhi)!....6

More purer-limpid than the moons, more radiant/luminous than the suns, and more serene/calm/serious than the best ocean, such Siddhas....! Give me the seat of siddha – give me moksa! ...7

Praising the virtues while reciting this sūtra and offering veneration to the present twenty-four Tīrthankara (cauviśī - 24) and have pleaded to confer their gladness and also asked for samyag darśana-bodhi bīja, best transe-contemplation (samādhi) and request them to be pleased with us and beg for Bodhi lābha (right faith), best samādhi and accomplishment-achievement-fulfilment i.e. siddhi.

Give three khamāsaņā (a type of bowing ritual) and sit in yoga mudra posture.

Icchākārèņa sandisaha bhagavan! Caityavandana karunjī?

|| Atha Aśokavṛkṣa kāvyaṁ ||

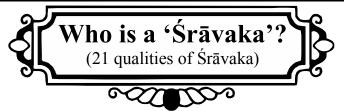
Aśokavṛkṣa: surapuṣpavṛṣṭi: Divyadhvaniścāmaraṁ āsanaṁ ca; Bhāmaṅḍalaṁ duṅdubhirātapatraṁ, Satprātihāryāṇi jinéśvarāṇāṁ

In the above verse (śloka) eight prātihārya (miraculous-accompaniments) of Arihanta paramātmā are described. Their details should be known from the description of twelve virtues/qualities of Arihanta.

Or

Sakala kuśala valli Puṣkarāvarta mègho, Durita timira bhānu: kalpavṛkṣopa māna; Bhavajalanidhi pota: sarva saṁpatti hètu:, Sa bhavatu satataṁ va: Śréyasé Śāṅtinātha: - Śréyasé Pārśvanātha:.

Meaning : Like the creeper (vèladi - valli) of every one's welafare (sakala kuśala), like the rains (mègho) of Puşkarāvarta region, like the sun that removes distant darkness (timira), like the kalpavṛkṣa, like the ship in this vast ocean of our bhava (birth) and be the reason of all wealth let Śrī Śāntinātha bhagavāna and Pārśvanātha bhagavāna become credit (Śréya) for our welfare.



Night without moon...

Knowledge without modesty / meekness ...

> Life without wealth ... Dessert without sugar...and Food without salt...

do not give happiness; similarly life without religion is without elegances and beauty... and, does not give peace, happiness and delight in life...

During our transmigration through multiple time-cycles of birth-death, have we never received or obtained religion? No ...! No..! That is not possible! Scriptures say that we have made heaps and heaps of the size of Meru Mountain of oghā and muhapattis. So then we did get the religion, but has it not been beneficial? Yes! Yes! It must be something like that only.

Why then the religion has not been beneficial?

जह चिंतामणिरयणं, सुलहं न होई तुच्छविहवाणं।

गणविभववज्जियाणं, जियाण तह धम्मरयणं पि ।।

Jaha cintāmaņirayaņam,

sulahaṁ na hoī tucchavihavāṇaṁ | Guṇavibhavavajjiyāṇaṁ,

jiyāṇa taha dhammarayaṇaṁ pi ||

For a person with scant (low, inadequate) wealth, the 'cintāmaņi gem' (cintāmaņirayaṇaṁ) is not accessible; similarly for the jīva without wealth of virtues /qualities also cannot access gems of religion.

The one with scanty wealth may just as follows:-

roam in the jeweler's markets...but his trip is a failure because he cannot buy anything He cannot bring anything... Similarly person without wealth of qualities may roam around religious places, visits temple and upāśraya (staying place for sādhu, sādhvī) but he cannot get religion.

To get cintāmaņi gems-jewels', wealth-majesty and splendor is necessary, whereas to get jewels of dharma you have to have wealth of qualities.

This is the only reason that from time immemorial despite visiting religious places, performing khamāsaņā, kāyotsarga ...we did not get the jewels of religion (dharmaratna) so we continued with the innumerable timecycles of birth and death...

To get these 'dharmaratna' the scribers of scriptures outline wealth of twenty-one qualities. Come let us examine ourselves and decide we own which qualities?

Arihanta's 12 qualities are told...

Siddha's 08 qualities are shown ...

Ācārya's 36 qualities are stated...

Upādhyāya's 25 qualities are described...

Sadhu's 27 qualities are explained...

But, in the foundation of all the above virtues, the 21 qualities of Śrāvaka that give eligibility to get the dharmaratna are very necessary. The one who is full of these twenty-one qualities is the only one qualified...is deserving. These qualities are as follows:-

- 1. Akşudra: means one without pettiness, 17. Vrdhānuyoga: means follows footsteps has seriousness
- 2. Rūpavāna: means one with great 18. Vinayawāļo: means a worshiper of the appearance, stature
- means one with serene mind and polite nature
- moral conduct so dear to people
- 5. Akrura (merciful) : means one who does cruel nature
- 6. Pāpabhirū (fears sin):means he fears fruits of sins obtained in this world (loka) & beyond (paraloka)
- over-contritely(vidhi-purvaka), no cheating-no roguery
- disturb prayers of others
- 9. Lajjāļu (coy-shy): One who feels ashamed while doing wrong deeds and inappropriate behavior
- **10.** Dayāļu (human-pitiful-compassionate): means filled with lots of kindness, allmerciful
- 11. Madyastha and saumyadrstiwālo: means looks at the true/virtual element of a reality/thing/object
- 12. Guna no rāgī: means respects qualities/ virtues
- 13. Satkathī: means he is disinterested in wicked conduct, listening to the evil, and saying evil.
- 14. Supakşwāļo: means his family and friends are not against religion
- 15. Dīrghadrstīwāļo: means being intelligent, thinks and does work that has a beautiful end-result.
- 16. Viśesajña: means he knows what is truth and untruth, real and nonentity/nonbeing

- of old mature wise persons
- guru
- 3. Saumya Prakrtiwāļo (gentlemen) 19. Krtajña: means knows the person who has done any kind of favors in this world or related to the world beyond.
- 4. Lokapriya (beloved): always has good 20. Parahitārthakārī: means does the works of benefit/ welfare/ advantage/ profit to others.
 - not see the faults in others and is not of **21.Labdhalaksya:** means has achieved the worthy practice of religion to achieve his goal.

When all these qualities enter in our life then the wealth of virtues blooms up 7. Aśatha (honest): does all ceremonies unabated. Such jīva becomes zealous to do religion, and achieves religion. In such jīva, religion is weaved into their life intuitively. 8. Dāksiņyatāwāļo (Dexterity): He does not Life of such meritorious dignitatries becomes worthy of blessings. But, to own such a meritorious life becoming 'janma śrāvaka (by birth)' or 'kriyā śrāvaka' will not suffice, one has to make strong efforts and become 'guņa śrāvaka.'

1.Akşudra:

(One without pettiness, has seriousness)

खद्दो ति अगंभीरो, उत्ताणमइ न साहए धम्मं। सपरोवयारसत्तो, अतखद्दो तेण इह जोग्गो ।।

Khuddho tti agambhīro,

uttāņamaī na sāhaè dhammam | Saparovayārasatto,

atakhuddho tena īha joggo ||

Kşudra means with pettiness/without seriousness. He is devoid of intelligence so he cannot accomplish religion. Therefore, 'aksudra' is the one who is strong on his own to do good for self and others; will be suitable meaning here.

Kşudra word has different meanings;

ksudra means 'trivial', ksudra means cruel, kşudra means penniless, kşudra means minor (laghu-small) etc..... Here we will consider meaning of kşudra as 'trivial' and 'without father (oldman-bāpā) fasts for one day then seriousness'. Persons without seriousness are without proficient intelligence. Where there is no proficient intellect how can there seeing and listening silently could not stay be accomplishment/diligence possible for religion? Meaning it is impossible. Because, the elements/essence of religion can be understood by persons only with micro /minute/subtle intelligence. Those jīva in walked away with his daughter. whose ordinary/ general practical life also if one does not see the presence of micro intelligence how can one dharmaratna.

wife. Merchant had four sons and one too. We have been unable to bring peace and daughter. fortunate. Everything was going on well... but then if all goes on well why do the learned-wise people call this world worthless?!!!

the children were still growing.

Over time, the merchant got his sons and daughter married. After settling his children he grew old, sick and became bedridden. For few days all took care of him with enthusiasm, but then all were bored/fed up.... They were also tired after giving him the sight of virtuous jīva living a life enthusiastic care and service.

The four sons held a meeting. Now what to do? who will take care of this old man (doso)? The youngest son said that the eldest should take care of the father. The eldest said the youngest should look after. After long debate, arguments and quarrels they decided that each one will take care of the old man for one month. But, after this one solution there cropped up another question. The english calender has months with 30 days and 31

days; all will take care for 30 days but then who will look after on the 31st day?

One daughter in law suggested-"If his health will also remain good"

The merchant's daughter who was quiet and said – "Father! Come, I will be very happy to take care of you along with my father in law."

And the father with the help of stick,

In the world where we have persons who own ksudra/cruel/low morale qualities obtain can we expect Dharmaratna from them? From timeless years due to this cruelty we In one town lived a merchant with his were unable to recognize our philanthropist He considered himself very happiness in their life then how will we He was happily living. understand the subtle elements of the supersoul.

To understand the savior Tirthankara prabhu's gross krivas, rituals and predictions His wife died of a brief illness while we have to abandon our low morale and cruel thinking. To gain savior prabhu's philosophy (tattvajñāna) we have to lift up our morality. One should decorate the life garden with extraordinary/astonishing qualities. We have to give 'exile to Kşudratā' and become the 'owner of Akşudratā'. We must feel joyous at decorated with good qualities. So in the garden of our life, to bloom the flowers of virtues we must begin our journey of accomplishment.

🗱 2. Śrāvaka Rūpavāna Hoī (śrāvaka has great appearance, and, stature)

संपुन्नंगोवंगो, पंचिंदियसुंदरो सुसंघयणो । होइ पभवणहे उ खमोय तह रुववं धम्मं ।।

Sampunnamgovango,

pańcidiyasuńdaro susańghayano |

Hoi pabhavanahe u

khamoya taha ruvavaṁ dhammaṁ || Has all complete body parts...

Has five sense organs....and

Good constitution structure (sanghayana)...

Is rūpavāna i.e. has great appearance...

Such a person can glorify religion and is competent/capable/powerful/strong to practice religion.

Human body is made up of body parts, organs, limbs and their appendages. Head, chest, stomach, back, two arms and two legs are eight parts (anga) of body. Fingers, nose, are called upānga (parts, ears etc. appendages). Rest are described as angopānga, viz. nails, knuckles, hair, creases etc.

Śrāvaka has great appearance and this is his 2nd quality. What does this appearance mean? Explaining this it is clarified that his all the five senses-organs are beautiful, so that he is not blind with one eye, does not have hollow-croaking voice, is not deaf and mute/dumb.

The rūpavāna person has auspicious sanghayana. Sanghayana means what? The answer is: - sanghayana means creation/ formation of strong bony structure/ constitution and body strength. The scriptures describe six sanghayana:

1. Vajra Rsabha Nārāca 2. Rsabha Nārāca 3. Nārāca 4. Ardha Nārāca 5. Kīlikā and 6. Sèvārta

Rsabha means bracer, Vajra means kīlikā or nail made of bone, Nārāca means markata bandha...i.e. like a monkey's baby adheres/sticks to the parent's tummy, same i.e. jayanā. way two opposite bones are wrapped around scriptures. one another.

sanghayana. Only person with this paramātmā; cannot benefit from satsanga

sanghayana can attain moksa. Nevertheless, religious adoration-worship can be done in all sanghayana.

There are two types/forms of appearances described. 1. Ordinary form: When all the body parts (anga /upānga are complete it is defined as an ordinary form. 2. Accompanied with 'atiśaya rūpa'. In context of this appearance, when in any country, time-period and in the young age if the people acknowledge (convict) that "he is rūpavāna" then that appearance is called as extraordinary or 'atiśaya rūpa'. Nonetheless, this extraordinary appearance is possible only in Tīrthankara who have the 8 atiśaya (divine accompaniments).

The rūpavāna persons through dharma and auspicious deeds acquire this appearance. Such person only can progress in religious accomplishments (dharma ārādhanā) and inspire others to progress in religion. Many people join him on the path of religion.

Nandiśena and Harikèśi etc. acquired dharma and many people joined them in the path of religion. But, Nandiśena and Harikèśi were not rūpavāna, yet how this was possible? Both were ugly (not rūpavāna) but they also had an ordinary form of rupa. They were accomplished with perfect five sense organs.

Where there is no perfection in the five sense-organs, it is not possible to observe religious practices independently. Life becomes dependent.

If a person is blind or has weak eyes he cannot observe carefulness in all activities He cannot study- -read

If hearing is impaired he cannot listen Vajra Ŗşabha Nārāca is the best to the sermons/religious discourses of (good company).

If he is mute....cannot speak then his doubts/suspicions arising/created in the mind cannot tell others...cannot explain his thoughts in his mind to others.

If his legs are not proper he cannot go to Jinālaya (Jina temple) and upāśraya (place for the saints to stay) etc. on his own wish....This creates hindrance in religious practices and worship.

In the same way, in old age when senses become weak/inferior, at that time this jīva is not capable of doing perfect worship. Therefore, until our five senses are functioning properly, till then we should do efforts to do all the specific worship.

Prabhu Mahāvīrasvāmi's first sādhvījī Candanabāla pravartini was beautiful. and virtuous. With her appearance and quality of restraint/abstinence she inspired many persons to march on the path of religion. Candanabāļa was a princess.... but, such a beautiful Candanabāla renounced all the worldly amenities of happiness and walked on the cumbersome path of restraint; conveying that this world should definitely be abandoned....and restraint should be adopted and practised....and attain moksa by accomplishing religion. As such kind of conviction and realization occurred to many people, many jīva became fancier of religion and restraint.....

Our five senses are safe....are proper, until then we should practice religion with diligence. When senses and body become weak, our mind weakens too. When mind becomes weak our wishes for religious diligence and adoration are flawed. And weak accomplishment make the jīva lazynegligent-drone and drift them towards trouble.

3. Śrāvaka Saumya Prakrtiwāļo hoya

(Śrāvaka must be of gentle and kind nature)

पवइसोम सहावो, न पावकम्मे पवत्तइ पायं। हजइ सह सेवणिज्जो, पसमनिमित्तं परेसि पि।।

Pavaīsoma sahāvo,

na pāvakammè pavattaī pāyam | Hajai suha sevaņijjo,

pasamanimittaṁ parèsi pi ||

Describing the third quality of Śrāvaka it is conveyed that he must be a 'gentlemen'; means he has a serene mind and is of polite nature. (Saumya Prakrtiwālo)

The person who is a gentlemen, never gets involved in any sinful activity.... as he is not involved in sinful activity becomes eligible to enjoy happiness, and, such a person becomes the reason for alleviation (upaśama) of others.

The world is filled with people of varied nature....somewhere gentleness is seen.... somewhere aggressiveness is observed....

Somewhere calmness / alleviation of passions prevails... somewhere fierce passions rise.... Jīva that does not understand religion is amenable to karma that makes the jīva transmigrate the soul in the karma and worldly life-cycle. Ever since then, we are moving in this world cycle. When jīva understand the religion to some extent, then slowly-slowly becomes aware of the uprising karmas and makes them calm. As the passions become calm, same way jīva becomes more and more of gentle and kind nature - 'Saumya Prakrtiwālo'. Because this kind of jīva is born with the culture of religion acquired from previous birth, he retains the strength to do dharma.

Such jīva runs away from sinful activity. Such jīva becomes gentle nature and guides others to develop a gentle and polite nature. The religious accomplishments attained in the life of these jīva become an efficient cause of perfection.

The Jīva, who

Become angry despite doing tapa.....

Are arrogant and egoistic after giving donation...

Are deceitful and fraudulent even after worshiping persons with vitarāgatva (a state with absence of passions)...

Are greedy even after doing sāmāyika-pratikramaņa.....

They can never own the virtue of 'Saumya prakrti.' In fact these jīva never praise or approve religion, but, in fact they do criticism. Śrāvaka should refrain from behavior that can lead to criticism. He always owns a character that helps to propagate influence of the triumphant Jinareign. Due to this, in life of any jīva it is very much essential to attain gentle and kind nature-Saumya prakrti.

A young muni (was to be a groom that same day) accepted restraint (initiation) from Candarudrācarya.....perhaps in fun and joke he may have got a monk's disguise.... but this muni-jīva was an adorer.....was a gentleman (Saumya prakrti.)....this virtue during his life as Śrāvaka, became a witness/ helper on the path of restraint.....During vihāra in darkness, with the thought that his guru bhagavanta should not have trouble, he

carried guru on his shoulder....but, then too, muni walked with an unsteady gait; his legs moved here and there, and it led to restlessness/disquiet/ uneasiness (āśātā) to guru, the guru started hitting him with a stalk on the scalp on which a fresh 'loca' was done (hair pulled out with fist at the time of initiation)....The bloodstream started flowing.....yet the newly initiated muniraja was calm because as Śrāvaka he owned gentle and kind nature-Saumya prakrti. He started thinking that he was the efficient cause for guru's restlessness and ārta-dhyāna (distressful-painful meditation), so he started continuous penitence; whereby slowlyslowly started his ascent on the 'ksapaka' śrènī and destroying ghātī karmas....attained kèvalajñāna.

Guru Bhagavanta realized about the kèvalajñāna of his disciple-munirāja, and, with repentance asked forgivenessand the guru also attained kèvalajñāna.

Such gentle jīva spreads peace in Śrāvaka life, and during the life of restraints traditionally after attaining kèvalajñāna leads other to gain kèvalajñāna.

At the present time in every house, home-generated atmosphere of clash speaks of lack/absence of the virtue of gentleness in our life. If this quality during everyone's lifetime if cultivated then an environment of the family will become happy and auspicious....then the heaven will descend on this earth.



"Jayaņā" i.e. carefulness is the life.

To observe jayaṇā we must know where all the Jīva / life-forms exist? It is very important to know how we can save them. The life of Śrāvaka is dependent on èkèṅdriya (one-sensed jīva); so their use is inevitable. Nonetheless, if one is careful we will harm less and less jīva and give more and more jīva lives. After knowing such èkèṅdriya Pṛthvikāya.... Apakāya..... Tèukāya..... Vayukāya.....and Vanaspatikāya etc. Let us proceed further.

If we remove the èkèndriya jīva from the courtyard/compound of this world then we see many moving life-forms (trasa jīva); from ants to elephants and from mosquitoes to huge crocodiles and all other such jīva are included.

Come! Let us understand these lifeforms and make efforts to offer them protection to preserve their life because gift of life i.e. 'abhayadāna (donation of life)' is the king (supreme) of all donations.

One who respects and practices abhayadāna, is reverendalso makes many others venerable/sacred.

The $j\bar{i}va$ that can move from one place to another willingly are called trasa k $\bar{a}ya$ J $\bar{i}va$. These are of four types:

1. Bèindriya Jīva (two senses): those with sense of touch (sparséndriya) and sense of taste (rasanèndriya) are included...

2. Tèindriya Jīva (three senses): those with sense of touch, taste and smell (ghrānèndriya) are included....

3. Caurèndriya Jīva (four senses): those with touch, taste, smell, and vision (cakşurindriya) are included....

4. Pancèndriya Jīva (five senses): those with touch, taste, smell, vision and hearing (śrotèndriya) are included....

शंख कवड्डय गंडुल जलोय, चंदणग अलस लहगाइ। मेहरि किमि पूअरगा, बेइंदिय माइवाहाइ।।१५।।

Šaṅkha kavaḍḍaya gaṅḍula jaloya, caṅdaṇaga alasa lahagāī | Mehari kimi puaragā,

beindiya māivāhāī ||

Meaning: Conch, cody (cowrie), gaṅḍola, leech (jalo) caṅdanaka, worms, lāḷiyā jīva (jīva that exist in stale capātīs), mèra (wooden worms), helminths (intestinal-worms), pora, cudèla etc. are jīva with two senses (Bèindriya jīva).

After studying jīva vicāra one should practice Jayaṇā. In the cooked food that stays overnight, two-sensed lāḷiyā jīva (lāḷa= saliva) are produced/formed. Therefore, eating of stale food is forbidden (abhakṣya). In our daily living this type of harm/injury (virādhanā) should be prevented/avoided. Thus, such sacrifice is needed and worthwhile.

Similarly all the food having the

"calita-rasa" are also inedible because in them also Bèindriya jīva are produced. 'Calita-rasa' means food in which taste has changed, or the color, smell, taste and touch have been altered. Homemade snacks and crisp eatables when become rancid and frowzy ...and their taste alters two-sensed jīva have been formedthey should be consumed before this happens. Jayaṇā should be adopted as life mantra.

Same way 'bola pickles (pickles dipped in oil)' means those which have not been dried properly in the sunlightand when dipped and do not have four fingers oil above them, the two-sensed jīva are produced and they also becomes inedible.

Born with Jaina philosophy, we have culture of drinking the water after cleaning our eating utensils. Any food-water that we have used/tasted/leftover, then within 48 minutes lāliyā jīva (lāla=saliva) get formed which are also two sensed jīva. We can be considered responsible for killing many life forms. To save ourselves from this violence our meals, èkāsaņu (eating meal once daily), āyambila (meal items without salt) etc. should be finished within 48 minutes and should not have leftover food in our plate, then only we can observe jayaņā.

Raw milk, curd or butter milk when mixed with pulses, 'vidala' is formed. In these items also Bèindriya jīva are formed. The śrāvaka and śrāvikā who follow religion should take care that 'vidala' do not occur.

While making kadhī or dhokalā, buttermilk must be properly heated before adding for optimum fermentation. In our daily dealings and other day to day dealings one should avoid the use of raw buttermilk and curd... for that one should take care in the things mentioned below-

1. Khicadī must not be eaten with raw buttermilk.

2. Thépalā containing fenugreek leaves cannot be eaten with raw curd.

3. Do not add raw curd in rice and $d\bar{a}|a$.

4. Do not make dahi-vadā without properly heating the curd.

5. While having śrikhanda in meal one should not eat pulses.

After knowing about the Bèindriya Jīva let us understand the Tèindriya Jīva.

गोमी मंकड जूआ,

पिपीलि उद्देहिया य मक्कोडा । इल्लिय घय मिल्लीओ,

सावय गोकीड जाइओ ।।१६।। गद्दहय चोरकीडा,

गोमय कीडाय धन्नकीडा य ।

कुंथु गोवालिय इलिया,

तेंइदिय इंद गोवाइ ।।१७।।

Gomī maṅkaḍa jūā, pipīli udhèhiyā ya makkoḍā |

Illiya ghayamillīo,

sāvaya gokīḍa jāīo || 16 || Gadhahaya corakīdā,

gomayakīdāya dhannakīdā ya | Kunthu govāliya iliyā,

tèindiya inda govāī || 17 ||

Meaning: Centipede/millipede, bedbugs, lice, ants, termite, emmet, worms, caterpillar in grains, ghīmèlo (worms in ghee) sāvā (grow in the hair), gokītaka, or ciccadī, utingā, worms in excreta (stool, dung, feces), worms in the grains, kanthuā, gopāliko, worms/maggot, indragopa, etc. are Tèindriya jīva. || 16-17 ||

While learning about the Tèindriva life forms we come to know that even small creatures like bed-bugs...ant and kanthua, etc. are also Tèindriya life forms. They also have soul like ushave feeling of happiness and sadness...like us they also wish for happiness and want to stay away from sadness..... If we give them happiness we also feel happy... if we make them unhappy we will get unhappiness.... after getting this fundamental knowledge śrāvaka and śrāvikā's first duty is to see that these life forms are not produced, therefore they must practice utmost carefulness-Jayaņā. Because after production of these life forms it is difficult to practice carefulness - jayaņā. Cleanliness of the place is inevitable/ necessary so that these kind of jīva are not formed.

After constructing a big bungalow if we do not maintain cleanliness.... and do not take care then there is a possibility of occurrence of centipede etc. jīva.

After bringing furniture at home we do not maintain its cleanliness and make it tidy, there is a possibility of formation of termites and emmet.

If we neglect cleanliness of the hair then one cannot deny the occurrence of lice in the hair. After the storage of grains if we are not vigilant and cautious then worms... dhanèḍā, and other worms of grain are formed....

If ghee is not properly boiled and kept...not used by proper time then in ghee also minute worms of the color of ghee occur....

Learned persons have recommended that except winter season, fenugreek leaves and coriander are inedible (abhakṣya)but then also we are tempted to eat these in summer after drying them up (sukotrī)..... but in the dried up leaves also minute life forms (kanthuā) are produced. Therefore, we should avoid eating sukotrī also.

Thus, after understanding this type of violence to jīva (virādhanā) occurring in daily life we must be enthusiastic to retreat from such violence. We should make efforts so that such life forms do not get formed. And if such jīva are born we must carry out correct activities in such a way so that more and more jīva are not harmed or killed (get abhayadāna).

Any kind of insecticide / disinfectant that kills this jīva cannot be used in the home of śrāvaka. Use of insecticides makes our heart harsh.... kills mercy.... and increasing the heap of sins leads to suffering and misery.

Samyag Jñāna Pravèśikā - Study Book 4



Sada dravya and Punya tattva

briefly.

Now let us understand sada-dravya: six-elements through twenty three doors (mārgaņā-entry doors) and then we will move to Punya Tattva.

परिणामि जीवमृत्तं, सपअेसा अेगखित्त किरिया य ।

णिच्चं कारण कत्ता, सव्वगय मियर अप्पवेसे ।।१४।।

Pariņāmi jīvamuttam,

sapaesā egakhitta kiriyā ya | Ņiccam kāraņa kattā,

savvagaya miyara appavèsè || 14 || Undergoes changes (pariņāmī-paņu), being a Jīva (jīvapaņu) vitality, having a form-mūrta (rūpipaņu), has territory (sapradeśipaņu), is single dravya (èkapaņu), gives space (ksetrapanu), ability to move is constant / invariable (krivāpanu), (nityapaņu), subservient - supportive (kāraņapaņu), independent in activities (kartāpaņu), universal (sarvavyāpipaņu) and mutually exclusive with other dravya (apraveśipanu) should be thought.

Thinking six dravya through 23 doors:

1. Parināmī: which changes. Condition (state) that changes is called Parināmī. Jīva from human being can become tiryańca, dèva, nārakī, and transmigrates in four species so it is Parināmi. In pudgala (matter) also the state

Jīva.....Ajīva tattva we understood changes, e.g. milk, curd, ghee etc. are formed so pudgala is also Pariņāmi.

> 2. Aparināmī: Dharmāstikāva (medium of motion) Adharmāstikāya (medium of rest), Ākāśāstikāya (Space) and Kāļa (time) do not undergo transformation therefore are Aparināmi.

> 3. Jīva: The one that has life/ livingness/vitality is 'jīva', e.g. Jīvāstikāya.

> 4. Ajīva: The one that does not have life is called Ajīva, e.g. Dharmāstikāya, Adharmāstikāya, Ākāśāstikāya and Pudgalāstikāya (matter) and Kāļa (Time).

> 5. **Rūpī** (mūrta/tangible/corporeal): The one with color, smell, taste, touch is Rūpī - mūrta, e.g. pudgalāstikāya

> 6. Arūpī (amūrta): In which there is no color, smell, taste, touch is Arūpī - amūrta e.g. Dharmāstikāya, Adharmāstikāya, Ākāśāstikāya, Jīvāstikāya and Kāļa.

> 7. Sapradèśī: With pradèsa is Sapradèśī, e.g. Jīvāstikāya, Dharmāstikāya, Ākāśāstikāva and Pudgalāstikāva.

Dravya	Pariņāmī	Jīva	Mūrta Rūpī	Sapradèśi	Èka-Anèka	Ksètra-Ksètrī	Sakriya	Nitya	Kāraņa	Kartā	Sarvagata (S) Deśagata (Dè)	A-praveśī
Dharmāstikāya	0	0	0	1	1	Kşètrī	0	1	1	0	Dè.	1
Adharmāstikāya	0	0	0	1	1	:	0	1	1	0	Dè.	1
Ākāśāstikāya	0	0	0	1	1	Kşètra	0	1	1	0	S.	1
Pudgalāstikāya	1	0	1	1	Infinite	Kşètrī	1	0	1	0	Dè.	0
Jīvāstikāya	1	1	0	1	Infinite	"	1	0	0	1	Dè.	1
Kāļa	0	0	0	0	Infinite	"	0	1	1	0	Dè.	0

8. Apradèśī: Without pradèśa that is Apradèśi, e.g. Kāla

9. Èka: Dravya which is single in number (singular), e.g. Dharmāstikāya, Adharmāstikāya, Ākāśāstikāya

10. Anèka: Dravya which is many (multiple), e.g. Jīvāstikāya, Pudgalāstikāya, and Kāla.

11. Kşètra: Dravya which provides space (region-field), e.g. Ākāśāstikāya.

12. Kşètri: Dravya occupying region is Kşètri, e.g. Jīvāstikāya, Dharmāstikāya, Adharmāstikāya, Pudgalāstikāya

13. Sakriya: Dravya that has strength to activate momentum is Sakriya, e.g. Jīvāstikāya, Pudgalāstikāya

14. Akriya: Dravya that is unable to move is Akriya, e.g. Dharmāstikāya, Adharmāstikāya, Ākāśāstikāya, and Kāļa.

15. Nitya (Śāsvata): Dravya that always remains constant/invariable, does not or wealth... it is his/her victory.... change is Nitya, e.g. Dharmāstikāya, Adharmāstikāya, Ākāśāstikāya and Kāļa

16. Anitya (Aśāsvata): Dravya does not remain constant, undergoes change is Anitya, e.g. Jīvāstikāya, Pudgalāstikāya

17. Kāraņa: Dravya is the reason that helps others is Kāraņa, e.g. Adharmāstikāya, Dharmāstikāya, Ākāśāstikāya Pudgalāstikāya, and Kāla.

18. Akāraņa: Dravya that cannot become helpful to others is Akāraņa, e.g. Jīvāstikāya

19. Kartā: Dravya that can work independently is Kartā, e.g. Jīvāstikāya

20. Akartā: Dravya that cannot work

independently is Akartā, e.g. Dharmāstikāya, Adharmāstikāya, Ākāśāstikāya, Pudgalāstikāya, and Kāļa.

21. Sarvagata: Means ubiquitous (sarvavyāpaka), e.g. Ākāśāstikāya

22. Deśagata: Dravya that is not ubiquitous is Deśagata, e.g. Dharmāstikāya, Adharmāstikāya, Pudgalāstikāya, Jīvāstikāya and Kāļa.

23. Paraspara Apraveśī: Dravya that cannot enter another dravya is Paraspara Apraveśī, e.g. Jīvāstikāya. Dharmāstikāya, Adharmāstikāya, Ākāśāstikāyā.

Punya Tattva....

One jīva may be blessed with little efforts....

Simply his fate opens....

What it desires in mind and that thing appears in front of the eyes

Whether its beauty or health power

No matter even if the dices are played reverse they get inversed.....

This is the magic of meritorious/ righteous activities (puņya karma).... holy tattva....auspicious karma

Come! Let us think about how to create an auspicious bondage and how to enjoy/experience it.

Whatever is good convenient ... is the strength of good karmathat is only Punya.

If beauty of the Punya is understood then whirls of sins will stop. Of course, there is no harm in taking circles of Punya. Let us multiply Punya with Punya and make this gift of human birth successful.

साउच्च गोअ मणुदुग, सुर दुग पंचिंदिजाइ पण देहा।

आइति तण्ण्वंगा, आइम संघयण संठाणा ।।१५।।

Sāucca goa maņuduga,

sura duga paṅciṅdijāī paṇa dèhā | Āiti taṇuṇuvaṅgā,

āima saṅghayaṇa saṅṭhāṇā || 15 ||

Meaning : Śātāvèdaniya, uccagotra, manuşyadwika, dèvadwika, five sensed breed (paṅcèṅdriya), five body types, parts (upāṅga) of first three body-forms (audārika, vaikriya, āhāraka), first saṅghayaṇa (strong arrangement of bones:6 types) and first Saṁsthāna (body shape) || 15 ||

The bondage of auspicious acts is Puŋya. It is the reason for binding of 42 auspicious karma, which are listed below. When these karmas rise (udaya) during lifetime, it leads to suitability of things so that human being enjoys its worth. The 42 auspicious karmas are as follows:

1. Śatāvèdaniya karma: it makes us experience happiness

2. Ucca-gotra karma: leads to birth in the higher gotra (genus, family).

3. Manuşya-gati nāma karma: leads to the birth as human beings

4. Manuşyānupūrvī nāma karma: drags towards birth in human species

5. Dèvagati nāma karma: leads to birth as dèva

6. Dèvānupūrvī nāma karma: drags towards birth in dèva species

7. Pańcèńdriya jāti nāma karma: leads to birth in breed with five senses

8. Audārika (gross) śarira nāma karma: gives generous/voracious audārika

main body structure

9. Vaikriya śarira nāma karma: gives main vaikriya-body (inactive body transformable to other shapes)

10. Āhāraka śarira nāma karma: gives main ahāraka (eating) body created by 14 pūrvadhārī muni

11. Taijasa śarira nāma karma: gives lustrous energetic body

12. Kārmaņa śarira nāma karma: gives kārmic/kārminic body

13. Audārika angopānga nāma karma: gives generous/voracious body parts

14. Vaikriya angopānga nāma karma: gives vaikriya body parts

15. Āhāraka angopānga nāma karma: gives āhāraka body parts

16. Vajraṛṣabha nārāca saṅghayaṇa nāma karma: gives strongest bone structure (constitution)

17. Samacaturastra samsthāna nāma karma: gives best shape/body form (sturdy muscular physique)

वण्ण चउका गुरुलह,

परघा उसास आय वृज्जोअं ।

स्भ खगइ निमिण तसदस,

सुर नर तिरिआउ तिथ्थयरं ।।१६।।

Vaṇṇa caukkā gurulahu,

paraghā usāsa āya vujjoaṁ | Subha khagai nimiņa tasadasa,

sura nara tiriāu tiththayaram || 16 ||

Meaning: Varņacatuşka (color, smell, taste, touch), agurulaghu (not big-not small), parāghāta (impressive / influential), ucchavāsa (exhalation), ātapa, udyota, śubhavihāyogati (walking-style), nirmāņa (creation), trasadaśaka, dèvāyuşya, manuşyāyuşya, tiryancāyuşaya, and Tīrthankarapaņu || 16 ||

In the aforesaid referred verse (gāthā no.15), we thought about the seventeen types of Puņya tattva. Now we will consider other more types of Puņya tattva'.

18. Śubha color (varņa): white, red, yellow are auspicious color.

19. Śubha smell (gańdha): fragrance and scent (surabhigańdha) are auspicious smell.

20. Śubha taste (rasa): sour, sweet and turo (kaṣāya) rasa are three auspicious taste.

21. Śubha touch (sparśa): light, soft, warm, smooth are four auspicious touch.

"By rising of virtue (puņya) one attains body with auspicious color etc. (Varņacatuşka)".

22. Agurulaghu nāma karma: because of this the jīva does not feel its body light or heavy.

23. Parāghāta nāma karma: the jīva attains such impressiveness/imposingness that only looking at him or listening to him, even the mighty are shocked/disturbed/ nervous....become speechless.

24. Śvāsośvāsa nāma karma: the jīva achieves ability of 'breathing' comfortably and happily.

25. Ātapa nāma karma: cool body of a jīva gets the strength to give warm light

26. Udhyota nāma karma: the body of jīva is cold and spreads cool light around.

27. Śubhavihāyogati nāma karma: gives smart way to walk that is liked by others.

28. Nirmāņa nāma karma: body parts, their appendages, and organs are structured/fixed at stipulated places in the body is due to this karma

[Explanation of "Trasa daśaka" follows in the 17th verse.]

29. Dèvāyu karma: a person whose body shines with own natural beauty is a dèva. In any birth (bhava) as a dèva, dèvāyu karma helps to spend the entire life-period (birth to death) in this breed.

30. Manuşyāyu karma: the person who understands the situation realistically is a human being. In any birth (bhava) as a human being, manuşyāyu karma helps to spend the entire life-period (birth to death) in this breed.

31. Tiryańcāyu Karma: one who walks 'tircchā" horizontal (awkward/here there) is a tiryańca. In any birth (bhava) as a tiryańca, Tiryańcāyu karma helps to spend the entire life-period (birth to death) in this breed.

32. Tīrthaṅkara nāma karma: Due to rising of this nāma karma, 8 prātihārya etc. are obtained (divine-accompaniments), this person is worshipped in all 3 worlds, and is initiator of august 'dharmatīrtha'

तस बायर पज्जत्तं, पत्तेअथिरं सुभं च सुभगं च। सुस्सर, आइज्ज जसं, तसाइ दसगं इमं होइ।।१७।। Tasa bāyara pajjatam, pattèathiram subham ca subhagam ca

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Sussara, āijja jasam, tasāī dasagam imam hoī || 17 ||

Meaning: Trasa, bādara, paryāpta, pratyèka, sthira, śubha, saubhāgya, susvara, ādèya and yaśa; this is the 'Trasa Daśaka'.

33. Trasa nāma karma: because of rising of this karma, two-sensed, threesensed, four-sensed and five sensed jīva are formed. (They can move on their own will).

34. Bādara nāma karma: because of rising of this karma jīva become gross (bulky, corporeal). They are many, countable, innumerable, and, infinites; can be seen aggregating together.

35. Paryāpta nāma karma: with rise of this karma jīva are capable to attain/ complete their suitable adequacies (perfection).

36. Pratyèka nāma karma: due to rising of this karma, every jīva obtains different body individually.

37. Sthira nāma karma: due to its rising jīva obtains steady/fixed body parts; teeth, bones etc.

38. Śubha nāma karma: rising of this karma helps to obtain auspicious body parts above navel e.g. head

39. Saubhāgya nāma karma: due to rising of this karma the person is liked by all without any efforts.

40. Susvara nāma karma: due to its rising the jīva has a sweet-melodious voice.

41. Ādèya nāma karma: due to rising of this karma everyone validates his words/ promise.

rising the jīva becomes famous and earns glory.

These 10 karma together are known as 'Trasa Daśaka'. These ten karma are Śubha, hence they are included in Punya Tattva.

So in Punya Tattva, totally, 42 Shubha nāma karma (auspicious nature-quality) are included. Nonetheless, Punya can be enjoyed in 42 ways but bound in 9 ways.

The 9 types of Punya bondages are as follows:

1. Donating food to proper deserving person.

2. Donating water to proper deserving person.

3. Donating place to a deserving person.

4. Donating sleeping material to deserving person.

5. Donating clothes to deserving person.

6. By having and meditating on auspicious thoughts.

7. By having auspicious speech in all dealings (daily-trade)

8. By auspicious behavior and conduct

9. Bowing to deva-guru-benevolent/ obliging/complaisant and elders.

If we want happiness then the 'bondage of Punya' is very necessary. This 'Punya bandha' begins with donation; this is the first step of dharma/religion. Do you want to be happy? Then, you should learn to utilize your wealth properly.

The mind-body-speech obtained due 42. Yaśa nāma karma: because of its to Puŋya bandha should be used in auspicious activities. Therefore the body can be chained with prabhu darśana, worship, donation and charity. Speech is gainfully engaged in singing prayers (stuti-stavana) and devotion/adoration/reverence. One should remove inauspicious thoughts from mind; and engage this mind with auspicious resolve (intention / determination) in contemplation, deep thinking and anuprèkṣā. Due to this the reservoir of Puṇya will fill abundant, will be plentiful. After bowing to Dèva-Guru, one must praise their virtues and to obtain such great qualities, it is necessary to do prayers.

We must give place to all the nine causes of Puŋya bandha, and doing efforts earn Puŋya then our present life will be filled with adoration and worship and this will lead to our happy future life. So begin efforts...and get siddhi (accomplishment/ achievement).

Life Journey of Tirthankara

(Śrī Candraprabhasvāmi Bhagavāna to Śrī Dharmanātha Bhagavāna)

Acalgachhādhipati P.P.A.B, Śrī Guņasāgarasūri. Mahārāja Sāhéba

Śrī Cańdraprabhasvāmi

yakşinī.

Śrī Suvidhinātha

Śrī Candraprabhasvāmi in his previous 3rd birth was king Padma in the Ghātakī continent of Mahāvidèha land. There he attained samyaktva, took dīksā, adorned Viśa-sthānaka, and attained Tīrthankara nāma karma and became dèva in Vaijayanta named plane. On phāgana vada pāncama from here he migrated to the womb of queen Lakşmanā, wife of Candrapuri's King Mahāsena. As indicated in the fourteen dreams, prabhu was born on māgasara vada bārasa. His emblem (lānchana) was Moon (Candra), body of white color, height of one fifty (150) dhanusya, spent two and a half lakh pūrva years as bachelor, ruled kingdom for six and half lakh and twenty four pūrva years, gave annual donation (sāmvatsarika dāna), on māgasara vadi terasa took dīksā (initiation) along with one thousand kings. and on mahā vada sātama attained kèvala jñāna in Candrapurī. After helping many bhavya souls to attain moksa, spending twenty four pūrvā less one lakh pūrva time as diksā period, and living for 10 lakh pūrva āyusya (life-span) did anaśana for one month, and, attained moksa along with one thousand monks on srāvana vada saptamī on Sammètaśikhara. Candraprabhasvāmi had Datta etc. 93 ganadhara along with two and a half lakh monks, three lakh eighty thousand nuns, two lakh fifty thousand śrāvaka and four lakh ninety one thousand śrāvikā as his family. The guard of Prabhu's reign (sāsana raksaka) were Vijaya yaksa and Bhrakatī

Śrī Suvidhinātha in his previous 3rd was king Mahāpadma in birth the Puśkaradvipa's Mahāvidèha land. There he attained samyaktva, took dīksā, adorned èkāvalī etc. penancem attained Tīrthankara nāma karma and became dèva in Vaijavanta named plane. On mahā vada navamī he migrated to the womb of queen Rāmā, wife of Kākandī town's King Sugrīva. As indicated in the fourteen dreams, prabhu was born on kārtaka vada pāncama. His emblem (lānchana) was crocodile/alligator, body of white color, height of one hundred (100) dhanuşya, spent fifty thousand pūrva years as bachelor, ruled kingdom for fifty thousand pūrva and twenty eight pūrvānga years, gave annual donation (sāmvatsarika dāna), on kārtaka vada chattha took dīksā (initiation) along with one thousand kings, and on kārtaka suda trīja attained kèvala jñāna. After helping many bhavya souls to attain moksa, spending twenty eight pūrvānga less one lakh pūrva time as diksā period, and living for 2 lakh pūrva āvusva (life-span), did anasana for one month, and, attained moksa along with one thousand monks on bhādaravā suda navamī on Sammètaśikhara. Suvidhinātha prabhu had Varāha etc. 88 ganadhara along with two lakh monks, Vāruni etc. one lakh twenty thousand nuns, two lakh twenty nine thousand śrāvaka and four lakh seventy one thousand śrāvikā as his family. The guard of Prabhu's reign (śāsana

rakşaka) were Ajita yakşa and Sutārakā yakşinī.

Śrī Śitalanātha

Śrī Śitalanātha prabhu in his previous 3rd birth was king Padmottara in the Puśkaradvipa's Mahāvidèha land. There he attained samyaktva, took dīksā, adorned Viśa-sthānaka, attained Tīrthankara nāma karma and became dèva in 10th dèvaloka. On caitra vada chattha he migrated to the of queen Nanda, womb wife of Bhadilapura's King Dhradharatha. As indicated in the fourteen dreams, prabhu was born on posa vada bārasa. His emblem (lānchana) was Śrivatsa, body had golden shine, height of ninety (90) dhanusya, spent twenty five thousand purva years as bachelor, ruled kingdom for fifty thousand gave annual pūrva years, donation (sāmvatsarika dāna), on posa vada bārasa took dīksā (initiation) along with one thousand kings, and on magasara vada caudasa attained kèvala iñāna. After helping many bhavya souls to attain moksa, spending twenty five thousand purva time as diksa period, and living for one lakh pūrva āvusva (life-span), did anasana for one month, and, attained moksa along with one thousand monks on caitra vada bīja on Sammètaśikhara. Śitalanātha prabhu had Nanda etc. 81 ganadhara along with one lakh monks, Suyaśā etc. one lakh six thousand nuns, two lakh eighty two thousand śrāvaka and four lakh fifty eight thousand śrāvikā as his family. The guard of Prabhu's reign (sasana raksaka) were Brahma yaksa and Aśokā yakşinī.

ŚrīŚreyāṅsanātha

Śrī Śreyānsanāthá prabhu in his previous 3rd birth was king Nalīnagulma in the Puśkaradvipa's Mahāvidèha land. There he attained samyaktva, took dīkṣā, adorned Samyag Jñāna Pravèśikā - Study Book 4

Viśa-sthānaka, attained Tīrthankara nāma karma and became dèva in 7th dèvaloka. On vaiśākha vada chattha he migrated to the womb of queen Visnurānī, wife of Simhapura's King Visnu. As indicated in the fourteen dreams, prabhu was born on mahā vada bārasa. His emblem (lānchana) was Rhinoceros, body had golden shine, height of eighty (80) dhanusya, spent twenty one lakh years as bachelor, ruled kingdom for forty two lakh years, gave annual donation (sāmvatsarika dāna), on mahā vada tèrasa took dīkṣā (initiation) along with one thousand kings, and on posa vada amāvasyā attained kèvala jñāna. After helping many bhavya souls to attain moksa, spending twenty one lakh years' time as diksā period, and living for eighty four lakh year's āyusya (life-span), did anasana for one month, and, attained moksa along with one thousand monks on āsādha vada trīja on Sammètaśikhara. Śreyānsanāthá prabhu had Gośubha etc.76 ganadhara along with eighty four thousand monks, Dharinī etc. one lakh three thousand nuns, two lakh seventy nine thousand śrāvaka and four lakh forty eight thousand śrāvikā as his family. The guard of Prabhu's reign (śāsana raksaka) were Manuja yakşa and Mānavī yakşinī. In Prabhu's reign there have been 'first Prativāsudèva Aśvagrīva, Vāsudèva Tripusta and Acala Baladèva'.

ŚrīVāsupūjyasvāmī

Śrī Vāsupūjyasvāmī in his previous 3rd birth was king Padmottara in the Puśkaradvipa's Mahāvidèha land. There he attained samyaktva, took dīkṣā, adorned Viśa-sthānaka, attained Tīrthankara nāma karma and became dèva in 10th dèvaloka. On jèṭha suda navami he migrated to the womb of queen Jayā, wife of Campāpurī's King Vāsupūjya. As indicated in the fourteen dreams, prabhu was born on mahā vada caudasa. His emblem (lānchana) was (buffalo), body had red color, Mahisa height of seventy (70) dhanusya, spent eighteen lakh years as bachelor, on mahā vada amāvasvā took dīksā (initiation) along with six hundred kings, and in Campāpurī on mahā suda bīja attained kèvala jñāna. After helping many bhavya souls to attain moksa, spending fifty four lakh years' time as diksā period, and living for seventy two lakh year's āyuşya (life-span), did anaśana for one month, and, attained moksa along with six hundred monks on āsādha suda caudasa in Campāpurī. Vāsupūjya prabhu had Suksma etc. 66 ganadhara along with seventy two thousand monks, one lakh nuns, two lakh fifteen thousand śrāvaka and four lakh thirty six thousand śrāvikā as his family. The guard of Prabhu's reign (śāsana raksaka) were Kumāra vaksa and Candādèvī vaksinī. In his reign there have been 'the second Prativāsudèva Tāraka, Vāsudèva Dwipusta and Vijaya Baladèva'.

ŚrīVimalanātha

Śrī Vimalanātha prabhu in his previous 3rd birth was king Padmasèna in the Ghātakī continent of Mahāvidèha land. There he attained samyaktva, took dīksā, adorned Viśa-sthānaka, and attained Tīrthankara nāma karma and became dèva in 8th Dèvaloka. On vaiśākha suda bārasa he migrated to the womb of queen Syāmā, wife of Kāmpilyapurī's King Krtavarmā. As indicated in the fourteen dreams, prabhu was born on mahā suda trīja. His emblem (lānchana) was pig (boar), body with golden shine, height of sixty (60) dhanusya, spent fifteen lakh years as bachelor, ruled kingdom for thirty lakh years, gave annual donation (sāmvatsarika dāna), on mahā suda cautha took dīkṣā (initiation) along with one helping many bhavya souls to attain mokṣa,

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thousand kings, spent two years as preomniscient (chadamastha) and on posa suda chattha attained kèvala jñāna in Kāmpilyapurī. After helping many bhavya souls to attain moksa, spending fifteen lakh years time as diksā period, and living for sixty lakh year's āyuşya (life-span) did anaśana for one month, and, attained moksa along with six thousand kings on jètha vada sātama on Sammètaśikhara. Vimalanātha prabhu had Mandara etc. 57 ganadhara along sixty eight thousand monks, one lakh eight hundred nuns, two lakh eight thousand śrāvaka and four lakh thirty four thousand sravika as his family. The guard of Prabhu's reign (sasana rakşaka) were Şanamukha yakşa and Viditā yakşinī. In his reign there have been 'third Prativāsudèva Mèraka, Vāsudèva Svayambhu and Bhadra Baladèva'.

ŚrīAnantanātha

Śrī Anantanātha prabhu in his previous 3rd birth was king Padmaratha in the Ghātakī continent of Mahāvidèha land. There he attained samyaktva, took dīksā, adorned Viśa-sthānaka, and attained Tīrthankara nāma karma and became dèva in 10th Dèvaloka. On āsādha vada satama he migrated to the womb of queen Suyaśā, wife of Ayodhyāpurī's King Simhasèna. As indicated in the fourteen dreams, prabhu was born on caitra vada tèrasa. His emblem (lānchana) was sincānā (a type of bird), body with golden shine, height of fifty (50) dhanusya, spent seven and a half lakh years as bachelor, ruled kingdom for fifteen lakh years, gave annual donation (sāmvatsarika dāna), on caitra vada caudasa took dīksā (initiation) along with one thousand kings, spent three years as pre-omniscient (chadamastha) and on caitra vada caudasa attained kèvala jñāna in Ayodhyāpurī. After

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spending seven and a half lakh years' time as diksā period, and living for thirty lakh years āyuşya (life-span) did anaśana for one month, and, attained moksa along with seven thousand monks on caitra suda pāncama on Sammètaśikhara. Anantanātha prabhu had Yaśa etc. 50 ganadhara along with sixty six thousand monks, sixty two thousand nuns, two lakh six thousand srāvaka and four lakh fourteen thousand śrāvikā as his family. The guard of Prabhu's reign (sāsana raksaka) were Pātāla yaksa and Ankuśā yaksinī. In his reign there have been 'fourth Prativāsudèva Madhu. Vāsudèva Purusottama and Suprabha Baladèva'.

Śrī Dharmanātha

Śrī Dharmanātha in his previous 3rd birth was king Dradharatha in the Jambū-Mahāvidèha land. There he attained samyaktva, took dīkṣā, adorned Viśasthānaka, and attained Tīrthaṅkara nāma karma and became dèva in Vaijayaṅta plane. On vaiśākha suda sātama he migrated to the womb of queen Suvratā, wife of Ratnapurī's King Bhānu. As indicated in the fourteen dreams, prabhu was born on maha suda trīja. His emblem (lāṅchana) was Vajra, body with

golden shine, height of forty five (45) dhanuşya, spent two and a half lakh years as bachelor, ruled kingdom for five lakh years, gave annual donation (sāmvatsarika dāna), on mahā suda tèrasa took dīksā (initiation) along with one thousand kings, spent two years as pre-omniscient (chadamastha) and on poşa suda pūnama attained kèvala jñāna. After helping many bhavya souls to attain moksa, spending two and a half lakh years' time as diksā period, and living for ten lakh years āyuşya (life-span) did anaśana for one month, and, attained moksa along with one hundred and eight monks on jètha suda pāncama on Sammètaśikhara. Dharmanātha prabhu had Arista etc. 43 ganadhara along with sixty four thousand monks, Siva etc. sixty two thousand four hundred nuns, two lakh forty thousand śrāvaka and four lakh thirteen thousand śrāvikā as his family. The guard of Prabhu's reign (sasana raksaka) were Kinnara yakşa and Pannagā yakşinī. In his reign there have been 'fifth Prativāsudèva Nisumbha. Vāsudèva Purushsimha and Sudarśana Baladèva, and, two Cakravartīs, third Madhavā and fourth Sanatakūmāra.

